September 2024 Menu

Breakfast every day offers the choice of 3 different cold cereals. All grains offered at breakfast and lunch are whole grain rich. A variety of low fat and fat free milks are offered with breakfast and lunch. The Garden bar is offered to K-12 Students daily. Which includes a variety of fresh vegetables and fruit for the students to choose from.

Monday	Tuesday	Wednesday	Thursday	Friday
2 Labor Day No School	3 Frudel Beef Burrito Mexi Potato Rounds Fruit	4 Egg Taco Chicken Gravy on Biscuits Peas Fruit	5 Donuts Cavatini Green Beans Fruit Dinner Roll	6 Egg & Cheese Biscuit Tomato Soup Grill Cheese Sandwich Fruit
9 French Toast Turkey and Cheese Sub Fruit Chips	10 Sausage & Cheese Biscuit Beef Stew Coleslaw Fruit Dinner Roll	11 Muffin & Yogurt Meat Ball Sub Broccoli & Cheese Fruit	12 Eggs & Toast Teriyaki Chicken Rice Green Beans Fruit Egg Roll	13 Cinnamon Rolls Chicken Tacos Refried Beans Fruit Pudding
16 Oatmeal Philly Cheese Steak Tomato & Cucumber Salad Fruit	17 Sausage Gravy over Biscuits Pig in Blanket Baked Beans Fruit	18 Western Breakfast Egg Sandwich Peperoni Pizza Calif Blend Fruit	19 No School	20 No School
23 Cheese Potato & Egg Burrito P&J Sandwich Chips Carrots & Celery Fruit	24 Super Berry Bowl Chicken Penne Green Beans Fruit Dinner Roll	25 Tater Topped Breakfast Bake Beef Nachos Corn Fruit	26 Pancakes Beef Noodles Green Beans Fruit Dinner Roll	27 Muffin & Smoothie Ham Pattie Sandwich Smilie Fries Fruit Cookie
30 Cinnamon Rolls Pigs in a Blanket Honey Glazed Carrots Fruit				1% White or flavored milk served daily This institution is an equal opportunity pro-

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